

Massage

Glad to invite you to the SPA zone of the GORKI Golf & Resort hotel, where a classic massage and thalassotherapy room is open for guests

Oil massage (60 / 90 / 120 min) – 4 000 / 6 000 / 7 000 rub

Soft massage therapy using natural coconut oil is a wonderful way to relieve the stress and the tension that has accumulated in your body and to renew energy levels. The oil from the massage nourishes and improves the health of your skin. The massage is performed on a massage couch

Foot massage (20 / 40 min) – 1 700 / 3 100 rub

Foot massage with Thai balm. The therapy reduces tension and eases pain in your feet

Head massage (20 / 40 min) – 1 700 / 3 100 rub

A nice, soothing massage of your head, neck and shoulders with Thai aroma balm. Helps prevent migraines and headaches. One of the best ways to relax. Can help release the tension in your neck, reduce stress level. Relieves insomnia

Sport massage (60 / 90 / 120 min) – 3 900 / 5 700 / 7 000 rub

Intensive deep massage targets the inner layers of your muscles and used to treat them. The massage is performed on a massage couch with a Thai warming balm

Kid massage therapy (30 min) – 1 750 rub

Good mood for our most precious guests. This therapy is performed on a massage couch with a natural hypoallergenic coconut oil or cream

Face massage (60 / 90 min) – 3 900 / 5 700 rub

Aimed at lymphatic drainage, correction of facial oval and lines, improvement of skin tone and elasticity

Beauty treatments Shh....

Secret Body Lab treatments use effective modern massage techniques that not only improve the emotional state and correct the figure, but also rejuvenate, heal and harmonize the body. The most modern solutions of body care science and effective natural cosmetics are used to obtain a delightful result

Massage Stress-off with magnesium oil (90 min) – 5 990 rub

It will turn the stress off at the biochemical level, allow you to completely reboot and be filled with energy

Cleopatra's skin (60 min) – 4 790 rub

Massage on a luxurious wax with a fascinating exotic aroma will make your skin insanely attractive, soft and silky

Thalassotherapy procedure "Magic of magnesium"

(90 / 120 min) – 6 790 / 7 990 rub

The procedure with magnesium oil calms the nervous system, normalizes sleep, helps to recover quickly after exertion

Thalassotherapy procedure "No edema"

(90 / 120 min) – 6 790 / 7 990 rub

It will restart the metabolism, get rid of the cause of edema, make the silhouette thin

Thalassotherapy procedure "The Power of the sea"

(90 / 120 min) – 6 790 / 7 990 rub

It will effectively help in getting rid of excess weight and cellulite by supplying tissues with oxygen, stimulating regeneration processes and eliminating inflammatory processes

You can choose topping during the wrap:

Face / Head massage / feet - 1 700 rub

Thalassotherapy procedures consist of 3 stages:

1. Body peeling with a delicate salt fluid that does not injure even the most delicate skin
2. VEIL – a natural body mask that accelerates metabolism, silk bliss for the body, 30 minutes alone with yourself
3. The final massage - attention to every part of the body

To get detailed information, as well as to book the time of the ceremony, you can call:
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